



## Active Travel Breakfast – [INSERT DATE]

Dear Parent or carer,

[INSERT SCHOOL NAME] School is involved in the **Active Travel to School Project**. The aim of the project is to **increase the number of children getting to school actively** (by foot, bike or scooter). Actively travelling to school has many benefits for children, it is **good for their health**, it's **fun** and can **increase concentration levels** in class, it's **good for the environment** and it helps to **develop independence** and **road safety skills**. Also by reducing the number of cars around the school it can help to make the **area quieter, safer and less congested**.

As part of this project your child is invited to take part in an '**Active Travel Breakfast**' on [INSERT DATE] from [INSERT TIME] All your child needs to do is travel to school by **foot, bike or scooter** on [INSERT DATE] and they will receive a free breakfast

The breakfast will take place in [INSERT LOCATION]. Please make sure that if bikes and scooters are to be left at school that they are put safely in the school's cycle and scooter storage in the playground.

Please let the school know if your child will be joining us for an **Active Travel Breakfast** by completing the slip below and returning it to the school office **by [INSERT DATE]**. It will help us with judging quantities of food needed.

Thank you for supporting active travel

**Please note: The responsibility for your child cycling, scooting or walking safely to and from school rests with the parent(s)/carer(s). The school has no liability for any consequences of that decision. Parents are advised to take out appropriate insurance cover for bikes/scooters as the school's insurance does not cover loss or damage to bicycles or scooters. Please consider cycling with your child, wearing a helmet and high visibility clothing.**



### Active Travel Breakfast on: [INSERT DATE]

There will be (insert number) \_\_\_\_\_ attending the Active Travel Breakfast.

Name of the child(ren): \_\_\_\_\_

Signed: \_\_\_\_\_

Relationship to child(ren): \_\_\_\_\_